

## Appendices

### Appendix I OSICS version 9

Injury code	Parent	Injury description	Injcat ID
AA1	AA1	Ankle jt degenerative arthritis	107
AC1	AC1	Ankle osteochondral lesion	107
ACD	AC1	Talar dome chondral lesion	107
ACL	AC1	Loose bodies ankle joint	107
ACP	AC1	Tibial plafond chondral lesion	107
AD1	AD1	Dislocated ankle	107
AE1	AE1	Osteoid osteoma (ankle)	121
AF1	AF1	Fractured ankle	101
AF2	AF2	Fractures talus or calcaneus	111
AFB	AF1	Bimalleolus fracture	101
AFC	AF2	Fractured calcaneus	111
AFL	AF1	Lateral malleolus fracture	101
AFM	AF1	Medial malleolus fracture	101
AFT	AF2	Fractured body of talus	111
AFX	AF1	Trimalleolus fracture	101
AG1	AG1	Bony avulsion ankle	111
AGL	AG1	Fractured lateral process talus	111
AGO	AG1	Fractured os trigonum/ posterior process	111
AH1	AH1	Ankle contusion/haematoma	104
AI1	AI1	Ankle infection	107
AJ1	AJ1	Ankle jarring or joint capsule sprain	107
AJ2	AJ2	Inferior tibiofibular syndesmosis sprain	107
AK1	AK1	Ankle laceration	104
AL1	AL1	Sprain lateral collateral ligament ankle	107
AL2	AL2	Sprain medial collateral (deltoid) ligament ankle	107
AL3	AL3	Sprain calcaneo-cuboid jt	107
ALS	AJ2	Syndesmosis rupture	107
ALT	AL1	Ankle lateral sprain, grade 3	107
AN1	AN1	Tarsal tunnel syndrome	113
AN2	AN2	Medial calcaneal nerve entrapment	113
AP1	AP1	Ankle jt synovitis	107
AP2	AP2	Ankle reflex sympathetic dystrophy	113
AP3	AP3	Sinus tarsi syndrome (subtalar jt synovitis)	107
AR1	AR1	Achilles tendon rupture	106
ARI	AR1	Insertional rupture, achilles tendon	106
ARM	AR1	Midsubstance rupture, achilles tendon	106
AS1	AS1	Stress fracture tarsal bone	112
ASC	AS1	Stress fracture calcaneus	112
AST	AS1	Stress fracture talus	112
AT1	AT1	Achilles tendinopathy/ retrocalcaneal bursitis	106

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Injury code	Parent	Injury description	Injcat ID
AT2	AT2	Sever's disease	106
AT3	AT3	Ankle posterior impingement (including Os Trigonum)	118
AT4	AT4	Ankle anterior impingement ± osteophytes	107
AT5	AT5	Ankle extensor tendinopathy (incl. Tibialis Anterior)	118
AT6	AT6	Peroneal tendinopathy or subluxation or dislocation	118
AT7	AT7	Tibialis posterior or flexor hallucis tendinopathy (ankle)	118
AU1	AU1	Ankle instability	107
AUL	AU1	Lateral ankle instability	107
AUM	AU1	Medial ankle instability	107
AW1	AW1	Ankle injury/pain NOS	
AZ1	AZ1	Ankle pain undiagnosed	107
BF1	BF1	Fractured sacrum/coccyx	55
BG1	BG1	Avulsion # ischial tuberosity	81
BH1	BH1	Buttock contusion/haematoma	60
BI1	BI1	Ischial abscess	121
BJ1	BJ1	Sacroiliac trauma	60
BK1	BK1	Buttock laceration/abrasion	59
BM1	BM1	Gluteal muscle str/tear	60
BMG	BM1	Gluteal muscle strain	60
BMM	BM1	Adductor magnus strain	75
BN1	BN1	Piriformis syndrome (with sciatic nerve impingement)	81
BP1	BP1	Sacroiliitis (incl spondyloarthropathies)	60
BP2	BP2	Sacrococcygeal jt pain	61
BRI	TRI	ruptured hamstring origin	81
BS1	BS1	Sacral stress fracture	60
BT1	BT1	Hamstring origin tendinopathy	81
BT2	BT2	Gluteal tendinopathy/ enthesopathy	60
BW1	BW1	Buttock injury/pain NOS	60
BY1	BY1	Gluteal muscle or piriformis trigger pts	60
BYG	BY1	Gluteal trigger points	60
BYM	BY1	Adductor magnus trigger points	75
BYP	BY1	Piriformis trigger points	81
BZ1	BZ1	Buttock pain undiagnosed	60
CC1	CC1	Costal cartilage/ costochondral jt injury	52
CF1	CF1	Fractured rib(s)	51
CF2	CF2	Fractured sternum	51
CFH	CF1	Fractured upper rib (1–4)	51
CFL	CF1	Fractured lower rib (9–12)	51
CFM	CF1	Fractured middle rib (5–8)	51
CFX	CF1	Fractured multiple ribs	51

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Injury code	Parent	Injury description	Injcat ID
CGI		Chest avulsion injury	52
CHI	CHI	Bruised ribs/chest wall (excluding sternum)	52
CH2	CH2	Bruised sternum	52
CJI	CJI	Sternoclavicular jt injury	53
CM1	CM1	Chest muscle strain	63
CM2		Chest muscle strain	52
CO1	CO1	Pneumo-/haemo-thorax	57
CR1	SR3	Pectoralis major tendon rupture	24
CS1	CS1	Stress fracture rib(s)	56
CT1		Intercostal tendonitis	52
CW1	CW1	Chest injury/pain NOS	
CY1	CY1	Chest muscle trigger pts	63
CZ1	CZ1	Chest pain undiagnosed	54
DA1	DA1	Thoracic facet jt degenerative arthritis	61
DB1	DB1	Thoracic scoliosis	61
DC1	DC1	Thoracic disc prolapse	61
DE1	DE1	Tumour, thoracic spine	121
DF1	DF1	Fractured thoracic vertebrae	55
DG1	DG1	Fractured thoracic transverse or spinous process	55
DH1	DH1	Thoracic back contusion/ haematoma	59
DJ1	DJ1	Thoracic facet jt sprain	61
DJ2	DJ1	Costothoracic joint sprain	61
DK2	DK2	Upper back skin lesion	54
DMI	DMI	Thoracic extensor muscle str	63
DPI	DPI	Chronic thoracic facet jt pain/stiffness	61
DT1	DT1	Scheuermann's disease	61
DW1	DW1	Thoracic spine injury/pain NOS	
DY1	DY1	Thoracic back trigger pts	63
DZ1	DZ1	Thoracic pain undiagnosed	54
EA1	EA1	Elbow jt degenerative arthritis	33
EC1	EC1	Chondral lesion elbow (± loose bodies)	33
ECL	EC1	Loose body, elbow joint	33
ECO	EC1	Elbow osteochondritis dissecans	33
ED1	ED1	Dislocated elbow	33
ED2	ED2	Disl head of radius (including pulled elbow)	33
EDA	ED1	Elbow dislocation anterior	33
EDP	ED1	Elbow dislocation posterior	33
EF1	EF1	Supracondylar fracture humerus	25
EF2	EF2	fractured humerus condyle(s)	25
EF3	EF3	fractured head of radius or olecranon	25
EG1	EG1	Elbow avulsion fracture	25
EH1	EH1	Elbow contusion/haematoma	32
EI1	EI1	Elbow infection	121
EJ1	EJ1	Sprained/jarred elbow	33
EK1	EK1	Elbow laceration/abrasion	32

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Injury code	Parent	Injury description	Injcat ID
EL1	EL1	Elbow medial collateral ligament strain or tear	33
EN1	EN1	Ulnar neuropathy, elbow	29
EN2	EN2	Other nerve entrapment, elbow	29
EP1	EP1	Elbow atraumatic synovitis	33
ER1	ER1	Biceps tendon distal rupture	34
ER2	ER2	Triceps tendon rupture	34
ES1	ES1	Elbow stress fracture	26
ET1	ET1	Tennis elbow (lateral epicondyle pain)	34
ET2	ET2	Golfer's elbow (medial epicondyle pain)	34
ET3	ET3	Olecranon bursitis/apophysitis/ triceps tendinopathy	34
ET4	ET4	Elbow joint impingement	33
ETM	ET4	Elbow joint posteromedial impingement	33
ETP	ET4	Elbow joint posterior impingement	33
EU1	EU1	Elbow valgus instability	33
EU2	EU2	Elbow posterolateral instability	33
EW1	EW1	Elbow injury/pain NOS	
EZ1	EZ1	Elbow pain undiagnosed	33
FA1	FA1	1st Metatarsophalangeal jt degenerative arthritis	119
FA2	FA2	Other foot jt degenerative arthritis	119
FB1	FB1	Tarsal coalition	118
FB2	FB2	Symptomatic accessory bone of foot	118
FB3	FB3	Foot deformity (including claw, hammer toes, bunions)	118
FBC	FB1	Calcaneonavicular coalition	118
FBT	FB1	Talocalcaneal coalition	118
FC1	FC1	Foot osteochondrosis (including Kohler's and Frieberg's)	118
FD1	FD1	Dislocated toe	119
FD2	FD2	Dislocated joint(s) of foot (incl. Lisfranc injury)	119
FDL	FD2	Lisfranc fracture dislocation	119
FE1	FE1	Osteoid osteoma (foot)	121
FF1	FF1	# tarsal bone (other than talus or calcaneus)	111
FF2	FF2	# metatarsal(s)	111
FF3	FF3	# phalanx (foot)	111
FFB	FF1	Cuboid acute fracture	111
FFC	FF1	Cunieform acute fracture	111
FFD	FF2	Fourth metatarsal acute fracture	111
FFF	FF2	Fifth metatarsal acute Jones fracture	111
FFN	FF1	Navicular acute fracture	111
FFO	FF2	First metatarsal acute fracture	111
FFS	FF2	Second metatarsal acute fracture	111

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## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
FFT	FF2	Third metatarsal acute fracture	111
FFX	FF2	Multiple metatarsal fractures	111
FG1	FG1	Foot avulsion #	111
FGF	FG1	Fifth metatarsal avulsion fracture	111
FH1	FH1	Foot contusion/haematoma	104
FH2	FH2	Toenail problem/contusion/haematoma	104
FH3	FH3	Heel fat pad bruise	104
FI1	FI1	Athlete's foot/tinea	121
FI2	FI2	Foot cellulitis/infected ulcer	121
FJ1	FJ1	Sprain foot joint	119
FJ2	FJ2	Sprained toe/'turf toe'	119
FK1	FK1	Foot laceration	104
FK2	FK2	Foot blistering/callus/ulcer	104
FK3	FK3	Plantar wart	121
FL1	FL1	Foot ligament sprain	119
FLL	FL1	Interphalangeal ligament disruption (incl Lisfranc)	119
FM1	FM1	Foot muscle strain	118
FN1	FN1	Morton's neuroma or Joplin's neuritis	113
FP1	FP1	Sesamoiditis/1st metatarsophalangeal jt pain	118
FP2	FP2	Tarsal joint pain/synovitis	119
FP3	FP3	Metatarsalgia	118
FP4	FP4	Gout (foot)	121
FP5	FP5	Foot reflex sympathetic dystrophy	113
FPL	FP1	Ruptured volar plate first MTP joint	118
FQ1	FQ1	Non- or mal-union foot fracture	112
FR1	FR1	Ruptured tibialis posterior tendon	118
FRP	FR1	Ruptured peroneal tendon	118
FS1	FS1	Stress # midtarsal bone (navicular, cunieforms, cuboid)	112
FS2	FS2	Stress # metatarsal	112
FS3	FS3	Sesamoid stress fracture	112
FSB	FS1	Cuboid stress fracture	112
FSC	FS1	Cunieform stress fracture	112
FSD	FS2	Fourth metatarsal stress fracture	112
FSF	FS2	Fifth metatarsal stress fracture	112
FSN	FS1	Navicular stress fracture	112
FSO	FS2	First metatarsal stress fracture	112
FSS	FS2	Second metatarsal stress fracture	112
FST	FS2	Third metatarsal stress fracture	112
FT1	FT1	Plantar fasciitis/strain/calcaneal spur	118
FT2	FT2	Foot extensor tendinopathy	118
FT6	FT6	Cuboid syndrome or foot peroneal tendinopathy	118

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Injury code	Parent	Injury description	Injcat ID
FT7	FT7	Tibialis posterior insertion tendinopathy	118
FTD	FT1	Distal plantar fasciitis	118
FW1	FW1	Foot injury/pain NOS	
FY1	FY1	Foot muscle spasm/cramps/trigger pts	118
FZ1	FZ1	Foot pain undiagnosed	119
GA1	GA1	Hip jt osteoarthritis/avascular necrosis	72
GA2	GA2	Slipped capital femoral epiphysis	76
GA3	GA3	Perthes' syndrome	72
GB1	GB1	Congenital dislocation hip	72
GC1	GC1	Hip chondral lesion	72
GCA	GC1	Femoro-acetabular impingement	72
GCL	GC1	Labral tear, hip joint	72
GD1	GD1	Dislocated hip jt	72
GF1	GF1	# neck of femur	76
GF2	GF2	# pelvic ring	76
GF3	GF3	# ilium	76
GG1	GG1	Pelvic avulsion # (iliac spines and pubic rami)	76
GGA	GG1	Avulsion adductor from pubis	76
GGH	GG1	Avulsion hamstring from ischium	76
GGO	GG1	Avulsion from iliac crest	76
GGR	GG1	Avulsion rectus femoris from AIIS	76
GGs	GG1	Avulsion sartorius from ASIS	76
GH1	GH1	contusion/haematoma, hip region	74
GH2	GH2	Testicular/scrotal contusion/haematoma	54
GII	GII	Groin rash/fungal infection	121
GI2	GI2	Hip joint infection	72
GJ1	GJ1	Hip joint sprain/jar	72
GK1	GK1	Groin laceration or abrasion	74
GM1	GM1	Hip flexor muscle strain	75
GM8	GM8	Groin muscle str (unspecified)	75
GMA	GM1	Proximal adductor strain	75
GMP	GM1	Iliopsoas muscle strain	75
GMR	GT2	Distal rectus abdominus strain	71
GMT	GM1	Tensor fascia lata muscle str/tear	75
GN1	GN1	Nerve entrapment, groin region	77
GNG	GN1	Genitofemoral nerve entrapment	77
GN1	GN1	Ilioinguinal nerve entrapment	77
GNM	GN1	Meralgia parasthetica	77
GNO	GN1	Obturator nerve entrapment	77
GO1	GO1	Damage to pelvic organ	54
GOT	GO1	Ruptured testicle	54
GOU	GO1	Ruptured urethra/penis	54
GPI	GPI	Hip joint synovitis	72
GR1	GR1	Rupture adductor longus origin	75

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## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
GS1	GS1	Osteitis pubis	75
GS2	GS2	Stress # neck of femur	73
GS3	GS3	Pelvic bone stress #	73
GS1	GS1	Pubic symphysis instability	75
GT1	GT1	Adductor tendinopathy/tear	75
GT2	GT2	Sports hernia/abdominal tendinopathy	75
GT3	GT3	Iliopsoas tendinopathy/bursitis	75
GT4	GT4	Trochanteric bursitis	75
GUH	GT2	Posterior inguinal canal deficiency	71
GW1	GW1	Groin injury/pain NOS	75
GY1	GY1	Groin soreness or trigger points	75
GYA	GY1	Proximal adductor trigger points	75
GYP	GY1	Iliopsoas trigger points	75
GYR	GY1	Rectus abdominus trigger points	75
GZ1	GZ1	Groin pain undiagnosed	75
HDI	HDI	Disl temporomandibular jt	17
HF1	HF1	Nose fracture	6
HF2	HF2	Skull fracture	11
HF3	HF3	Mandible fracture	6
HF4	HF4	Fractured facial bone	6
HFE	HF4	fractured orbital socket	6
HFF	HF2	fractured frontal bone	11
HFM	HF4	fractured maxilla	6
HFZ	HF4	fractured zygoma	6
HG1	HG1	Avulsed/fractured tooth	6
HGA	HG1	tooth avulsion	6
HGF	HG1	tooth fracture	6
HH1	HH1	Head/facial contusion/haematoma	1
HHE	HH1	ear contusion/haematoma	1
HHM	HH1	mouth haematoma	1
HHN	HH1	nose contusion/haematoma	1
HHO	HH1	eye contusion/haematoma	1
HHS	HH1	scalp contusion/haematoma	1
HII	HII	Otitis externa	9
HI2	HI2	Cellulitis/skin infection, face	9
HJ1	HJ1	Spr temporomandibular jt	17
HK1	HK1	Scalp laceration/abrasion	1
HK2	HK2	Facial laceration/abrasion	1
HKB	HK2	eyebrow laceration	1
HKC	HK2	cheek laceration	1
HKE	HK2	eyelid laceration	1
HKF	HK2	forehead laceration	1
HKJ	HK2	chin laceration	1
HKM	HK2	mouth laceration	1
HKN	HK2	nose laceration	1
HNI	HNI	Concussion	5
HN2	HN2	Intracranial bleed	5
HN3	HN3	Chronic brain injury	5
HN4	HN4	Cranial nerve injury	5
HO1	HO1	Eye injury/trauma	3
HO2	HO2	Perforated eardrum	9

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Injury code	Parent	Injury description	Injcat ID
HOF	HO1	eye foreign body	3
HOH	HO1	hypheama	3
HOL	HO1	contact lense displacement	3
HOR	HO1	retinal detachment	3
HOU	HO1	corneal abrasion	3
HV1	HV1	Epistaxis (nosebleed)	1
HW1	HW1	Head or facial injury/pain NOS	
HY1	HY1	Facial muscle trigger pts	18
HZ1	HZ1	Headache/pain undiagnosed	121
KAI	KAI	Knee jt degenerative arthritis	94
KAG	KAI	Knee osteoarthritis, generalized	94
KBI	KBI	Bipartite patella	97
KB2	KB2	Discoid meniscus	94
KCI	KCI	Knee articular cartilage damage	94
KC2	KC2	Medial meniscus tear	94
KC3	KC3	Lateral meniscus tear	94
KC4	KC4	Knee osteochondritis ( $\pm$ loose bodies)	94
KC8	KC8	Knee joint cartilage injury (unspecified)	94
KCB	KC2	Bucket handle tear medial meniscus	94
KCH	KC3	Parrot beak tear lateral meniscus	94
KCK	KCI	Lateral compartment chondral damage grade 3–4	94
KCL	KCI	Lateral compartment chondral damage grade 1–2	94
KCM	KCI	Medial compartment chondral damage grade 1–2	94
KCN	KCI	Medial compartment chondral damage grade 3–4	94
KCP	KC2	Posterior horn tear medial meniscus	94
KCR	KC3	Radial tear lateral meniscus	94
KCT	KCI	Patellofemoral compartment chondral damage grade 1–2	94
KCU	KCI	Patellofemoral compartment chondral damage grade 3–4	94
KCX	KC3	Posterior horn tear lateral meniscus	94
KD1	KD1	Dislocated patella	97
KD2	KD2	Dislocated knee	91
KE1	KE1	Tumour, knee region # patella	121
KF1	KF1	# patella	99
KF2	KF2	Knee # intraarticular	99
KHI	KHI	Knee contusion/haematoma (extraarticular)	100
KH2	KH2	Infrapatella fat pad contusion/haematoma $\pm$ bursitis	95
KII	KII	Infected knee jt	121
KJI	KJI	Knee jt sprain/jar	96
KK1	KK1	Lacerated knee	100
KLI	KLI	Anterior cruciate ligament strain/tear/rupture	91

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## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
KL2	KL2	Posterior cruciate ligament strain/tear/rupture	93
KL3	KL3	Knee medial collateral lig str/tear/rupture	92
KL4	KL4	Knee lateral collateral ligament str/tear/rupture	96
KL5	KL5	Knee posterolateral complex str/tear	96
KLI	KLI	Incomplete tear, ACL	91
KLM	KL3	Medial ligament grade 3 tear	92
KLP	KL3	Pellegrini-Steida syndrome	92
KOI	KOI	Complication of knee jt surgery	96
KPI	KPI	Patellofemoral jt pain	97
KP2	KP2	Knee jt rheumatological condition/atraumatic effusion	96
KP3	KP3	Knee synovial plica	96
KP4	KP4	Knee Joint Synovitis	96
KPP	KP2	Pseudogout (chondrocalcinosis), knee	96
KRI	KRI	Ruptured patellar tendon	95
KR2	KR2	Ruptured hamstring distal insertion	81
KS1	KS1	Stress # patella	98
KT1	KT1	Iliotibial band syndrome	95
KT2	KT2	Patellar tendinopathy	95
KT3	KT3	Posterior knee tendinopathy/ bursitis	81
KT4	KT4	Osgood-Schlatter syndrome	95
KT5	KT5	Popliteus tendinopathy/strain	95
KT6	KT6	Prepatellar bursitis	100
KT7	KT7	Quadriceps tendinopathy or suprapatellar bursitis	95
KT8	KT3	Lateral hamstring insertion tendonitis	81
KTH	KT2	Infrapatellar fat pad syndrome (Hoffa's)	95
KTJ	KT2	Sindig-Larsen-Johannsen syndrome	95
KTL	KT3	Lateral gastrocnemius tendonitis	81
KTM	KT3	Medial gastrocnemius tendonitis	81
KTS	KT3	Medial hamstring insertion tendonitis	81
KTT	KT4	Tibial tuberosity pathology	95
KU1	KU1	Knee jt chronic instability	96
KU2	KU2	Patella instability	97
KUA	KU1	Knee jt chronic anterolateral instability	96
KUM	KU1	Knee jt chronic medial instability	96
KUP	KU1	Knee jt chronic posterior instability	96
KWI	KWI	Knee injury/pain NOS	
KZ1	KZ1	Knee pain undiagnosed	96
KZ2	KZ2	Knee jt haemarthrosis caused by internal derangement	100

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Injury code	Parent	Injury description	Injcat ID
LAI	LAI	Lumbar facet jt degenerative arthritis	61
LB1	LB1	Spondylolisthesis/lysis	62
LB2	LB2	Lumbar scoliosis	61
LB3	LB3	Other lumbar anomaly (eg, spina bifida occulta)	61
LBB	LB1	Bilateral spondylolysis	62
LBF	LB1	Spondylolysthesis grade 1	62
LBS	LB1	Spondylolysthesis grade 2	62
LBT	LB1	Spondylolysthesis grade 3	62
LC1	LC1	Disc prolapse/disruption	61
LC2	LC2	Disc degeneration	61
LC3	LC1	Disc annular tear	61
LCF	LC1	Disc injury L4/5	61
LCS	LC1	Disc injury L5/S1	61
LCT	LC1	Disc injury L3/4	61
LE1	LE1	Tumour, lumbar spine	121
LF1	LF1	# lumbar vertebrae	55
LGI	LGI	# lumbar transverse or spinous process	55
LGA	LGI	Fractured transverse process L1	55
LGB	LGI	Fractured transverse process L4	55
LGC	LGI	Fractured transverse process L3	55
LGM	LGI	Fractured multiple transverse processes	55
LH1	LH1	Lumbar contusion/haematoma	59
LJ1	LJ1	Lumbar facet jt strain/jar	61
LK1	LK1	Lumbar laceration/abrasion	59
LL1	LL1	Lumbar region ligament sprain	61
LM1	LM1	Lumbar muscle str	63
LN1	LN1	Lumbar spinal injury	61
LN2	LN2	Lumbosacral nerve root impingement	61
LN3	LN3	Lumbar spinal canal stenosis	61
LN4	LN4	Lumbosacral nerve stretch/traction injury	61
LNF	LN2	L4 nerve root impingement	61
LNL	LN2	L5 nerve root impingement	61
LNS	LN2	S1 nerve root impingement	61
LPI	LPI	Chronic lumbar facet joint pain (including referred)	61
LQ1	LQ1	Nonunion lumbar fracture	62
LS1	LS1	Stress # lumbar spine	62
LS2	LS2	Lumbar stress reaction	62
LS3	LS1	Pedicle stress fracture	62
LSE	LS1	Fractured pars interarticularis L4	62
LSF	LS1	Fractured pars interarticularis L5	62
LSP	LS1	Fractured pedicle lumbar vertebra	62
LSU	LS1	Fractured pars interarticularis L1-L3	62
LWI	LWI	Lumbar injury/pain NOS	

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Injury code	Parent	Injury description	Injcat ID
LY1	LY1	Lumbar trigger pts or muscle spasm	63
LZ1	LZ1	Lumbar pain undiagnosed	61
ME1	ME1	Non-musculoskeletal tumour (eg, lymphoma)	121
MF1	MF1	Tired athlete	
MFC	MF1	Chronic Fatigue Syndrome	
MII	MII	Otorespiratory infection (incl. tonsillitis, otitis media)	121
MI2	MI2	Gastrointestinal infection (including food poisoning)	121
MI4	MI4	Systemic non-specific virus	121
MI5	MI5	Virus proven by serology (eg, Epstein-Barr, Hepatitis B)	121
MI6	MI6	Genitourinary infection	121
M18	M18	Infection, other	121
MNI	MNI	Neurological including epilepsy, migraine, coma	121
MO1	MO1	Appendicitis	121
MO2	MO2	Urological including haematuria, varicocele	121
MO3	MO3	Dental, eye, ear, nose or throat disease	121
MO8	MO8	Other surgical diagnosis	121
MV1	MV1	Cardiovascular	121
MW1	MW1	Other medical illness NOS	
MX1	MX1	Environmental (incl. hyper-/hypo-thermia, barotrauma)	121
MX2	MX2	Condition due to drug use, overdose, poisoning	121
MX3	MX3	Asthma/allergy/hay fever/respiratory	121
MX5	MX5	Gynaecological	121
MX6	MX6	Psychological/psychiatric	121
MX7	MX7	Nutritional or haematological or enterological or endocrine	121
MX8	MX8	Other medical diagnosis	121
MZ1	MZ1	Tired athlete undiagnosed	121
MZ2	MZ2	Other medical symptoms or signs, non-specific	121
MZC	MZ1	Chronic fatigue syndrome	121
NA1	NA1	Cervical facet jt degenerative arthritis	19
NB1	NB1	Cervical developmental anomaly	19
NC1	NC1	Cervical disc prolapse	19
NC2	NC2	Cervical disc degeneration	19
NF1	NF1	Stable cervical fracture	11
NF2	NF2	Unstable cervical fracture	11
NG1	NG1	Avulsion fracture cervical spinous process	11
NH1	NH1	Neck contusion/haematoma	1
NJ1	NJ1	Whiplash/neck sprain	19
NK1	NK1	Neck laceration/abrasion	1
NL1	NL1	Neck ligament injury	19
NM1	NM1	Neck muscle strain	18

(Continued)

## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
NN1	NN1	Cervical nerve root compression/stretch	9
NN2	NN2	Neck spinal injury	9
NN3	NN3	Cervical spinal canal stenosis	19
NN4	NN4	Spinal cord concussion	5
NO1	NO1	Laryngeal trauma	9
NP1	NP1	Cervical facet joint pain	19
NU8	NU8	Recurrent vertebral subluxation	19
NW1	NW1	Neck injury/pain NOS	
NY1	NY1	Neck muscle trigger pts/spasm/torticollis	18
NZ1	NZ1	Neck pain undiagnosed	19
OG1	OG1	Avulsion iliac crest	63
OG2	OG2	Avulsion rib	51
OG3	OG2	Avulsion iliac crest	52
OHI	OHI	Abdominal contusion/haematoma	54
OM1	OM1	Abdominal muscle str	63
OM2	OM2	Bowler's side strain	63
OMO	OM1	Abdominal oblique muscle strain	63
OMR	OM1	Proximal rectus abdominus strain	63
OMT	OM1	Transversus abdominus muscle strain	63
OO1	OO1	Abdominal trauma to internal organs	54
OOB	OO1	Bladder trauma	54
OOI	OO1	Intestinal trauma	54
OOK	OO1	Kidney trauma	54
OOL	OO1	Liver trauma	54
OOP	OO1	Pancreas trauma	54
OOS	OO1	Spleen trauma	54
OT1	OT1	Rectus abdominus tendinopathy	75
OT2	OT2	Costallic impingement	63
OT3	OT3	Abdominal origin tendinopathy	75
OW1	OW1	Abdominal/trunk injury/pain NOS	
OY1	OY1	Abdominal muscle trigger pts or spasm or winding	63
OZ1	OZ1	Abdominal pain undiagnosed	54
PA1	PA1	Finger degenerative arthritis	49
PD1	PD1	Disl metacarpophalangeal or interphalangeal jt	49
PDA	PD1	First MCP joint dislocation	49
PDB	PD1	Second MCP joint dislocation	49
PDC	PD1	Third MCP joint dislocation	49
PDD	PD1	Fourth MCP joint dislocation	49
PDE	PD1	Fifth MCP joint dislocation	49
PDF	PD1	First IP joint dislocation	49
PDG	PD1	Second PIP joint dislocation	49
PDH	PD1	Third PIP joint dislocation	49
PDJ	PD1	Fourth PIP joint dislocation	49
	PD1	Fifth PIP joint dislocation	49

(Continued)

## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
PDK	PD1	Second DIP joint dislocation	49
PDL	PD1	Third DIP joint dislocation	49
PDM	PD1	Fourth DIP joint dislocation	49
PDN	PD1	Fifth DIP joint dislocation	49
PF1	PF1	Bennett's fracture	44
PF2	PF2	Metacarpal fracture	44
PF3	PF3	Fractured phalanx	44
PFA	PF2	First metacarpal shaft fracture	44
PFB	PF2	Second metacarpal fracture	44
PFC	PF2	Third metacarpal fracture	44
PFD	PF2	Fourth metacarpal fracture	44
PFE	PF2	Fifth metacarpal fracture	44
PFF	PF3	First proximal phalanx fracture	44
PFG	PF3	Second proximal phalanx fracture	44
PFH	PF3	Third proximal phalanx fracture	44
PFI	PF3	Fourth proximal phalanx fracture	44
PFJ	PF3	Fifth proximal phalanx fracture	44
PFK	PF3	First distal phalanx fracture	44
PFL	PF3	Second middle phalanx fracture	44
PFM	PF3	Third middle phalanx fracture	44
PFN	PF3	Fourth middle phalanx fracture	44
PFO	PF3	Fifth middle phalanx fracture	44
PFP	PF3	Second distal phalanx fracture	44
PFQ	PF3	Third distal phalanx fracture	44
PFR	PF1	Rolando fracture	44
PFS	PF3	Fourth distal phalanx fracture	44
PFT	PF3	Fifth distal phalanx fracture	44
PFU	PF3	Multiple phalangeal fractures	44
PFX	PF2	Multiple metacarpal fractures	44
PG1	PG1	Avulsion fracture phalanx	44
PH1	PH1	Hand contusion/haematoma	46
PH2	PH2	Subungual contusion/haematoma/fingernail problem	46
PI1	PI1	Hand/finger infection	46
PJ1	PJ1	Spr metacarpophalangeal or interphalangeal jt	49
PK1	PK1	Hand/finger laceration/abrasion	46
PK2	PK2	Hand/finger blisters/contact dermatitis/callus	46
PK3	PK3	Hand wart or other skin lesion	121
PL1	PL1	Spr ulnar collateral ligament (Skier's) thumb	49
PL2	PL2	Other hand or finger ligament tear	49
PP1	PP1	Finger joint chronic synovitis	49
PP2	PP2	Hand reflex sympathetic dystrophy	47
PP3	PP3	Thumb sesamoiditis	49

(Continued)

## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
PQ1	PQ1	Malunion finger fracture	44
PR1	PR1	Ruptured finger tendon	48
PRA	PR1	Ruptured second extensor tendon	48
PRB	PR1	Ruptured third extensor tendon	48
PRC	PR1	Ruptured fourth extensor tendon	48
PRD	PR1	Ruptured fifth extensor tendon	48
PRF	PR1	Ruptured fourth flexor tendon	48
PRT	PR1	Ruptured third flexor tendon	48
PT1	PT1	Trigger finger	48
PT2	PT2	Hand tendinopathy	48
PUI	PUI	Chronic jt instability of finger or thumb	49
PWI	PWI	Hand/finger injury/pain NOS	
PZ1	PZ1	Hand/finger pain undiagnosed	
QB1	QB1	Accessory soleus muscle	103
QD1	QD1	Dislocated superior tibiofibular jt	96
QE1	QE1	Tumour, lower leg	121
QF1	QF1	Fracture tibia ± fibula	101
QF2	QF2	Fracture fibula	101
QFC	QF1	Compound fracture tibia	101
QFD	QF2	Fractured distal fibula	101
QFH	QF2	Fractured upper fibula	101
QFM	QF2	Fractured mid fibula	101
QFT	QF1	Transverse fractured tibia	101
QH1	QH1	Bruised shin	104
QH2	QH2	Calf contusion/haematoma	104
QI1	QI1	Lower leg soft tissue infection	104
QJ1	QJ1	Sprained superior tibiofibular jt	96
QK1	QK1	Lacerated shin	104
QK2	QK2	Lacerated calf	104
QM1	QM1	Calf muscle strain	103
QM2	QM1	Shin extensor muscle strain	103
QML	QM1	Lateral gastrocnemius strain	103
QMM	QM1	Medial gastrocnemius strain	103
QMS	QM1	Soleus muscle strain	103
QNI	QNI	Common peroneal nerve palsy (foot drop)	113
QP1	QP1	Baker's cyst (± rupture)	96
QS1	QS1	Stress fracture tibia	102
QS2	QS2	Stress fracture fibula	102
QSA	QS1	Stress fracture anterior cortex tibia	102
QSL	QS2	Stress fracture lateral malleolus	102
QSM	QS1	Stress fracture medial malleolus	102
QSP	QS1	Stress fracture posteromedial tibia	102
QT1	QT1	Medial Tibial Stress Syndrome ('shin splints')	105

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## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
QTA	QT1	Anterior shin splints	105
QV1	QV1	Deep venous thrombosis	113
QV2	QV2	Calf/ankle oedema	113
QV3	QV3	Varicose veins	113
QV4	QV4	Popliteal artery entrapment or arterial insufficiency	113
QW1	QW1	Lower leg injury/pain NOS	
QY1	QY1	Calf muscle cramps/spasm/trigger pts	103
QY2	QY2	Compartment syndrome	105
QY3	QY3	Lower leg delayed onset muscle soreness	103
QYA	QY2	Anterior compartment syndrome	105
QYB	QY2	Acute anterior compartment syndrome	105
QYL	QY1	Lateral gastrocnemius trigger point	103
QYM	QY1	Medial gastrocnemius trigger point	103
QYP	QY2	Posterior compartment syndrome	105
QYS	QY1	Soleus trigger point	103
QZI	QZI	Lower leg pain undiagnosed	118
RB1	RB1	Radio-ulnar variance	49
RF1	RF1	Fractured forearm bone(s)	40
RFB	RF1	Fractured radius and ulna shafts	40
RFC	RF1	Colles fracture radius	40
RFD	RF1	Fractured radius, distal, undisplaced	40
RFE	RF1	Fractured radius distal epiphysis	40
RFM	RF1	Monteggia fracture (ulna) dislocation radial head	40
RFR	RF1	Radial fracture, minimally displaced	40
RFS	RF1	Smith fracture radius	40
RFU	RF1	Ulna fracture, minimally displaced	40
RHI	RHI	Forearm contusion/haematoma	46
RK1	RK1	Forearm laceration/abrasion	46
RK2	RK2	Forearm skin lesion	46
RMI	RMI	Forearm muscles strain	48
RMG	RF1	Galeazzi fracture (radius) dislocation r/u joint	40
RS1	RS1	Stress fracture radius or ulna	45
RT1	RT1	Extensor tenosynovitis/intersection syndrome	48
RW1	RW1	Forearm injury/pain NOS	
RY1	RY1	Forearm muscle trigger pts	48
RZ1	RZ1	Forearm pain undiagnosed	
SA1	SA1	Shoulder jt degenerative arthritis	21
SA2	SA2	Acromioclavicular arthritis/distal clavicle osteolysis	22

(Continued)

## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
SAA	SA2	arthritis, A/C joint	22
SAO	SA2	osteolysis distal clavicle	22
SBI	SBI	Cervical rib	29
SC1	SC1	Shoulder chondral lesion	21
SCB	SC1	Bankhart lesion, labrum	21
SCH	SC1	HAGL lesion	21
SCP	SC1	Posterior labral lesion	21
SCS	SC1	SLAP lesion	21
SD1	SD1	Dislocated shoulder	21
SD2	SD2	Acromioclavicular jt disl (Grade 3)	22
SDA	SD1	Antero-inferior shoulder dislocation	21
SDI	SD1	Inferior shoulder dislocation	21
SDP	SD1	Posterior shoulder dislocation	21
SE1	SE1	Tumour, shoulder region	121
SF1	SF1	clavicle fracture	23
SF2	SF2	scapula fracture	25
SF3	SF3	fracture, neck of humerus	25
SFI	SF1	clavicle fracture, inner-third	23
SFM	SF1	clavicle fracture, mid-third	23
SFO	SF1	clavicle fracture, outer third	23
SFR	SF1	clavicle, refracture through callus	23
SG1	SG1	Avulsion fracture shoulder	25
SGB	SG1	Bankhart lesion, bony	25
SGH	SG1	Hill-Sachs lesion	25
SGS	SG1	Avulsion supraspinatus insertion	25
SH1	SH1	Shoulder contusion/haematoma	32
SHD	SH1	Deltoid contusion/haematoma	32
SJ1	SJ1	Shoulder jt sprain	21
SJ2	SJ2	Acromioclavicular jt sprain	22
SK1	SK1	Shoulder laceration/abrasion	32
SL1	SL1	Shoulder ligament sprain/tear	21
SLI	SL1	Glenohumeral ligament tear	21
SM1	SM1	Muscle strain, shoulder region	30
SML	SM1	Latissimus dorsi muscle strain	30
SMP	SM1	Pectoralis major muscle strain	30
SN1	SN1	Brachial plexus traction injury/ burner/stinger	29
SN2	SN2	Axillary nerve palsy	29
SN3	SN3	Nontraumatic brachial plexus lesion (incl thoracic outlet)	29
SN4	SN4	Suprascapular nerve entrapment or palsy	29
SPI	SPI	Adhesive capsulitis or frozen or stiff shoulder	21
SPA	SPI	Shoulder anterior capsule tightness	21
SPP	SPI	Shoulder posterior capsule tightness	21
SR1	SR1	Rotator cuff tendon rupture/ large tear	24
SR2	SR2	Rupture of long head of biceps tendon	24

(Continued)



## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
SR3	SR3	Pectoralis major tendon rupture	24
SRI	SRI	Infraspinatus tendon rupture	24
SRS	SRI	Supraspinatus tendon rupture	24
SRU	SRI	Subscapularis tendon rupture	24
SSI	SSI	Stress fracture coracoid process	25
STI	STI	Rotator cuff tendon pathology	24
ST2	ST2	Biceps tendinopathy	24
STA	STI	Chronic subacromial impingement	24
STB	STI	Chronic posterior internal impingement	24
STC	STI	Chronic anterior internal impingement	24
STD	STI	Acute subacromial impingement	24
STE	STI	Acute posterior internal impingement	24
STF	STI	Acute anterior internal impingement	24
STI	STI	Infraspinatus tendon injury	24
STS	STI	Supraspinatus tendon injury	24
STU	STI	Subscapularis tendon injury	24
SUI	SUI	Shoulder subluxation/chronic instability	21
SUA	SUI	Antero-inferior shoulder subluxation	21
SUI	SUI	Instability-related impingement	21
SUP	SUI	Posterior shoulder subluxation	21
SVI	SVI	Axillary vessel thrombosis/insufficiency	29
SWI	SWI	Shoulder injury/pain NOS	
SYI	SYI	Shoulder trigger pts/posterior muscle soreness	30
SZI	SZI	Shoulder pain undiagnosed	21
TEI	TEI	Tumour, thigh region	121
TFI	TFI	# shaft of femur	76
THI	THI	contusion/haematoma of thigh/hamstrings	83
THA	THI	Arterial bleed, thigh	83
THH	THI	Hamstring contusion/haematoma	83
THM	THI	Myositis ossificans, thigh	83
THV	THI	Quadriceps contusion/haematoma	83
TKI	TKI	Thigh laceration/abrasion	74
TM1	TM1	Hamstring strain/tear	81
TM2	TM2	Quadriceps strain/tear	82
TM3	TM3	Adductor muscle str/tear (incl. sartorius)	75
TMA	TM3	Distal adductor strain	75
TMB	TM1	Biceps femoris strain	81
TMR	TM2	Rectus femoris strain	82
TMS	TM1	Proximal (medial) hamstring strain	81
TMT	TM1	Distal medial hamstring strain	81

(Continued)

## Appendix I (Continued)

Injury code	Parent	Injury description	Injcat ID
TMV	TM2	Vastus muscle strain	82
TRI	TRI	Ruptured hamstring origin	81
TSI	TSI	Stress # shaft of femur	73
TWI	TWI	Thigh injury/pain NOS	
TY1	TY1	Hamstring spasm/cramps/trigger pts	81
TY2	TY2	Quadriceps spasm/cramps/trigger pts/wasting	82
TY3	TY3	Posterior thigh compartment syndrome	81
TYL	TY1	Lateral hamstring trigger points	81
TYM	TY1	Medial hamstring trigger points	81
TYR	TY2	Rectus femoris trigger points	82
TYV	TY2	Vastus trigger points	82
TZI	TZI	Thigh pain undiagnosed	81
UFI	UFI	Fracture, shaft of humerus	25
UHI	UHI	Upper arm contusion/haematoma	32
UHB	UHI	Biceps contusion/haematoma	32
UHM	UHI	Myositis ossificans, upper arm	32
UHT	UHI	Triceps contusion/haematoma	32
UKI	UKI	Upper arm laceration/abrasion	32
UMI	UMI	Upper arm muscle strain	30
UMB	UMI	Biceps muscle strain	30
UMT	UMI	Triceps muscle strain	30
UNI	UNI	Upper arm nerve injury	29
UNM	UNI	Medial nerve injury, upper arm	29
UNR	UNI	Radial nerve injury, upper arm	29
URI	SR3	Pectoralis major tendon rupture	24
USI	USI	Humerus stress fracture	26
UWI	UWI	Upper arm injury/pain NOS	
UYI	UYI	Upper arm muscle soreness/trigger pts	30
UZ1	UZ1	Upper arm pain undiagnosed	
WAI	WAI	Wrist osteoarthritis (including avascular necrosis)	49
WAS	WAI	SLAC wrist arthritis	49
WCI	WCI	Wrist fibrocartilage tear	49
WDI	WDI	Dislocated carpus	49
WD2	WD2	First CMC joint dislocation	49
WF1	WF1	Fractured scaphoid	41
WF2	WF2	fracture, other carpal bone	44
WF3	WF3	Intraarticular # radius	31
WFD	WF1	Distal fracture scaphoid	41
WFH	WF2	Fractured hamate	44
WFP	WF1	Proximal scaphoid fracture	41
WFT	WF2	Fractured trapezium	44
WFW	WF1	Waist fracture scaphoid	41
WGI	WGI	Wrist avulsion fracture	44
WGH	WGI	Fractured hook of hamate	44
WGR	WGI	Fractured radial styloid	44
WGU	WGI	Fractured ulna styloid	44
WHI	WHI	Wrist contusion/haematoma	46
WJI	WJI	Sprained/jarred wrist jt	49

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**Appendix I (Continued)**

Injury code	Parent	Injury description	Injcat ID
WJ2	WJ2	Distal radioulnar jt sprain	49
WK1	WK1	Wrist laceration/abrasion	46
WLI	WLI	Carpal ligament tear	49
WLS	WLI	Scaphoid lunate ligament tear	49
WNI	WNI	Wrist nerve compression	47
WNC	WNI	Carpal tunnel syndrome	47
WPI	WPI	Wrist jt synovitis (including impingement syndrome)	49
WQ1	WQ1	Non-union scaphoid fracture	41
WRI	WRI	Tendon rupture, wrist	48
WRE	WRI	Ruptured extensor pollicus longus tendon	48
WSI	WSI	Radial epiphysis lesion or carpal stress fracture	44
WT1	WT1	Extensor tenosynovitis/de Quervain's disease	48
WT2	WT2	Wrist ganglion	48
WT3	WT3	Flexor tenosynovitis	48
WT4	WT4	Carpal boss	49
WTD	WT2	Wrist dorsal impingement	48
WTU	WC1	Wrist ulnar impingement	49
WU1	WU1	Carpal instability	49
WU2	WU2	Distal radioulnar joint instability	49
WUD	WU1	Scapholunate instability	49

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**Appendix I (Continued)**

Injury code	Parent	Injury description	Injcat ID
WUV	WU1	VISI wrist instability	49
WVI	WVI	Aneurysm of vessel near wrist	47
WW1	WW1	Wrist injury/pain NOS	
WZ1	WZ1	Wrist pain undiagnosed	49
XB1	XB1	Congenital disease affecting musculoskeletal system	121
XB2	XB2	Leg length discrepancy	118
XK1	XK1	Rash or other dermatological condition	121
XPI	XPI	Widespread rheumatological joint condition	121
XU1	XU1	Generalised joint hypermobility	121
XY1	XY1	Fibromyalgia/multiple trigger points	121
XY2	XY2	Generalised muscle spasticity/joint hypomobility	121
ZZ1	ZZ1	Paperwork (certificate, referral, prescription etc)	
ZZ2	ZZ2	Preparticipation screening or precompetition or insurance	
ZZ3	ZZ3	Immunisations or preparation for overseas travel	
ZZ4	ZZ4	Advice regarding equipment (eg, suitable footwear)	
ZZ5	ZZ5	unaccounted injury	199